



## Job Description and Person Specification

Position:	<b>Community Engagement Worker (Improving Physical Health)</b>
Salary:	<b>£23, 772</b>
Hours:	<b>35 hours per week</b>
	<b>Fixed-term project until end of March 2024 with possibility of extension</b>
Reporting to:	<b>CET (IPH) Team Leader</b>

### Job Description

#### Summary of Main Duties and Responsibilities

Physical health and mental health are inextricably linked and the purpose of this role is to support people who have significant mental health issues to access physical health checks and provide in some cases, longer term support, in order that people can address some of the barriers which might be in the way for them to consider their physical health positively. The roles will provide a service across Greater Manchester Mental Health Trust across their existing footprint which covers Manchester, Bolton, Salford, Trafford and Wigan.

The role will be delivered within Primary Care and therefore you will be expected to build relationships within those settings and with community VCSE organisations to ensure that the service supports people within their own communities.

#### Main Duties

1. Get to know and build relationships with staff within Primary Care to enable a supportive and productive referral route into and out of the service.
2. Work within communities and Primary Care to find out what services are available for people to access.
3. Build relationships with staff in Primary Care, VCSE organisations and within local community mental health teams.
4. Get to know and build kind relationships with people who are referred to the service.
5. Build an accessible route into the service for people which will lead to an increase in physical health checks and longer term support if needed.
6. Support people in connecting to other services both VCSE and Primary Care.
7. Alert Primary Care staff if there are any concerns that have not already been identified.
8. Provide supported routes out of services.
9. Identify additional needs that people have and to highlight them to Manchester Mind with a view to sharing them with Greater Manchester Mental Health Trust.
10. Input monitoring information into the Manchester Mind database.
11. Provide monitoring information to the Team Leader when required.

## **General Responsibilities**

1. Be responsible for personal and professional development, including attending regular supervisions and an annual appraisal.
2. Attend appropriate training activities as agreed with the Manchester Mind CEO.
3. Work within Manchester Mind's policies and procedures.
4. Ensure data is managed in compliance with General Data Protection Regulations.
5. Value diversity and promote equality of opportunity ensuring that individuals are treated fairly and respected for their contribution in terms of experience, knowledge and skills.
6. Ensure safeguarding policies and procedures are adhered to.
7. Carry out any other duties required to ensure successful delivery of this project.

This job description may be subject to joint review from time to time between the post-holder and Manchester Mind, and as such is liable to amendment.

## **Person Specification**

All essential unless otherwise stated.

### **Knowledge and Experience**

- Experience of developing kind relationships to create a sense of belonging.
- Experience of working with people who have lived experience of mental health problems.
- Lived experience of mental health problems. (DESIRABLE)
- Experience of supporting people in a way which recognises and develops potential.
- Experience of involving people in the development of services and support.
- Good understanding/awareness of the barriers people with mental health issues face in terms of achieving good or improved physical health.

### **Skills and Personal Qualities**

- Ability to work collaboratively - generously sharing resources, skills and talents.
- Clear and meaningful communication skills - the ability to listen and enable people to feel heard, accepted and understood.
- Good IT skills, sufficient for producing reports/presentations, and for monitoring purposes.
- Ability to work in a strengths-based way that recognises the potential for individuals to develop and enable resilience.
- Ability to follow safeguarding processes.
- Able to travel across Wigan, Trafford, Bolton, Salford and Manchester by car or public transport.

